2 Let $I_n = \int_0^1 (1-x)^n \sinh x \, dx$, where n is a non-negative integer.

(a) Show that, for $n \geqslant 2$, $I_n = -1 + n(n-1)I_{n-2}$. [4]

(b) Find the exact value of I_2. [3]