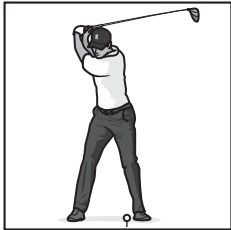
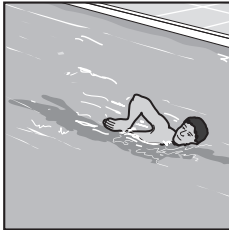


## Question 4

What will the man do to improve his fitness?



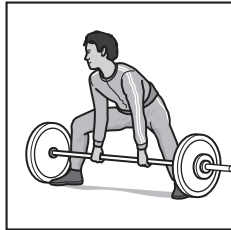
**A**

☐

**B**

☐

**C**

☐

**D**

☐