

2.1 Systems and Center of Mass

Name: _____ Class: _____ Date: _____

Total: 10 marks

Objective

Build the skills to answer exam questions on **systems and centre of mass**.

You must be able to:

- define a **system** 系统 and distinguish **internal** 内力 and **external forces** 外力
- define the **centre of mass** 质心 as the mass-weighted average position
- explain that a system's centre of mass accelerates only under the **net external force**
- calculate the centre of mass of a set of point masses

1 Worked examples

Study these first. Each one shows the method for a question type used later.

■ Centre of mass of point masses

$$x_{cm} = \frac{\sum m_i x_i}{\sum m_i}.$$

Masses 2.0 kg at $x = 0$ and 3.0 kg at $x = 5.0$ m: $x_{cm} = \frac{2.0(0) + 3.0(5.0)}{5.0} = 3.0$ m.

■ Internal vs external forces

Forces **between** parts of the system are **internal** and cancel in third-law pairs; only **external** forces (from outside the system) change the motion of the centre of mass.

■ Motion of the centre of mass

When a firework explodes, its fragments fly apart under **internal** forces, but the centre of mass keeps following the original projectile path—the only external force is gravity.

2 Practice

2.1 Masses 1.0 kg at $x = 0$ and 4.0 kg at $x = 10$ m. Find the centre of mass. [2]

2.2 Two blocks are joined by a string and pulled along. Taking the **system to be both blocks**, state whether the string tension is an internal or external force. [1]

2.3 Two equal masses sit at $x = 2.0$ m and $x = 8.0$ m. State the centre of mass without calculating, and justify. [2]

3 Exam-style questions

3.1 The acceleration of a system's centre of mass depends only on [1]

- **A** the internal forces
 - **B** the net external force
 - **C** the largest mass
 - **D** the total kinetic energy
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3.2 Three 2.0 kg masses lie at $x = 0$, 3.0 m and 6.0 m. The centre of mass is at [1]

- **A** 2.0 m
 - **B** 3.0 m
 - **C** 4.5 m
 - **D** 6.0 m
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3.3 A 60 kg skater and a 40 kg skater stand 5.0 m apart on frictionless ice and pull on a rope between them.

(a) Find the centre of mass, measured from the 60 kg skater. [2]

(b) State where they meet, and explain why. [1]

4 Go further

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- work through the **2.1 Systems and Center of Mass** lesson on the **Learn** page;
 - read the **Force and Translational Dynamics** section of the AP Physics 1 handout on the **Know** page.

Solutions

2.1 $x_{cm} = \frac{1.0(0) + 4.0(10)}{5.0} = 8.0 \text{ m.}$

2.2 internal (it acts between two parts of the system).

2.3 midpoint, $x = 5.0 \text{ m}$ —the masses are equal, so the centre of mass is exactly halfway between them.

3.1 B.

3.2 B —by symmetry, $x_{cm} = 3.0 \text{ m.}$

3.3 (a) $x_{cm} = \frac{60(0) + 40(5.0)}{100} = 2.0 \text{ m.}$ (b) They meet at the centre of mass, 2.0 m from the 60 kg skater —with no external horizontal force, the centre of mass stays fixed.